

Nasal Endoscopy

Adjudication Guideline

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Medical

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1. Abstract

1.1 For Members

Nasal endoscopy is a minimally invasive, medical procedure. The nasal endoscope is a medical device consist of a thin, rigid tube with fiber optic cables for bringing in light. The endoscope is then connected to a light source and a video camera to project magnified images on a screen. These endoscopic images can be captured and recorded for documentation for each patient.

1.2 For Medical Professionals

Diagnostic nasal endoscopy is a procedure performed to better characterize the anatomy of the nasal cavity and/or paranasal sinuses and to identify sinonasal pathology not afforded by anterior rhinoscopy. It is typically performed in the office setting using rigid or flexible endoscopes, often, but not always with topical decongestion and/or anesthesia.

Functional Endoscopic Sinus Surgery (FESS): is a surgical treatment of nasal polyps, recurrent/ acute, and/or chronic sinus problems. FESS uses nasal endoscopes and other tools to restore.

2. Scope

The scope of this adjudication rule highlights the differentiation between diagnostic nasal endoscopy and FESS and coverage for health insurance plans administered by Daman subject to policy terms and conditions.

3. Adjudication Policy

3.1 Eligibility / Coverage Criteria

Eligibility / Coverage Criteria

1. Medical Indications:

A. Diagnostic nasal endoscopy

Common indications include but are not limited to:

- Evaluate for chronic sinonasal symptoms e.g., mucopurulent drainage, nasal obstruction or congestion or anosmia.

- Assess interval response to medical or surgical therapy in patients with chronic sinusitis and recurrent sinusitis (e.g., after treatment with topical nasal steroids, antibiotics, oral steroids, and antihistamines).
- Evaluate for benign and malignant neoplasms of nasal cavity, nasopharynx and sinuses
- Evaluate epistaxis.
- Perform endoscopically guided cultures.

B. Functional Endoscopic Sinus Surgery (FESS)

- Sinus mucoceles
- Excision of selected tumors
- Cerebrospinal fluid (CSF) leak closure
- Foreign body removal
- Epistaxis control

2. Eligible clinician specialities:

Eligible clinician specialities

Otolaryngologists (ENT)

3.2 Requirements for Coverage

- ICD and CPT codes must be coded to the highest level of specificity.
- Failure to submit, upon request or when requesting a clinical history, indication the need for testing will result in rejection of claim.

3.3 Non-Coverage

Nasal endoscopy and procedures will not be covered for visitors plan as per policy terms and conditions.

3.4 Payment and Coding Rules

Please apply DOH payment rules and regulations and relevant coding manuals for ICD, CPT.

4. Denial Codes

DOH denial codes with description are elaborated for reference. These are specialized codes directed by DOH, that explains the reason of rejection of the service by DAMAN to the providers.

| Code | Code Description |
|----------|---|
| MNEC-003 | Service is not clinically indicated based on good clinical practice |
| MNEC-004 | Service is not clinically indicated based on good clinical practice, without additional supporting diagnoses/activities |
| MNEC-005 | Service /supply may be appropriate, but too frequent |
| NCOV-003 | Service(s) is (are) not covered |
| AUTH-001 | Prior approval is required and was not obtained |
| CODE-010 | Activity/diagnosis inconsistent with clinician speciality |

5. Appendices

5.1 References

A. References

- <http://emedicine.medscape.com/article/1890999-overview?pa=JcRTMILfOf9MILR4IiMCUM6%2F6oNpRIIteXDFk%2F6tANIHOjVGSIG3RRjzodHmjV4JX8MwCOE ECwzp432Skuf9qw%3D%3D#showall>
- <https://emedicine.medscape.com/article/863420-overview#showall>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4213581/>
- <https://www.oxhp.com/secure/policy/fess.pdf>
- <http://kunkesent.com/Questions.htm>
- <https://www.aaaai.org/Aaaai/media/MediaLibrary/PDF%20Documents/Practice%20and%20Parameters/Nasal-and-sinus-endoscopy-2006.pdf>
- <http://www.imedpub.com/articles/diagnostic-nasal-endoscopy-or-ct-scan-of-paranasal-sinuses-which-one-first.pdf>
- <https://emedicine.medscape.com/article/875244-overview#showall>
- <https://acsearch.acr.org/docs/69502/Narrative/>
- <https://www.guidelinecentral.com/summaries/acr-appropriateness-criteria-sinonasal-disease/#section-420>
- <http://bestpractice.bmj.com/topics/en-gb/1130/monitoring>
- <http://bestpractice.bmj.com/topics/en-gb/14/monitoring>
- <http://bestpractice.bmj.com/topics/en-gb/15/monitoring>

5.2 Revision History

| Date | Change(s) |
|------------|---|
| 12.03.2018 | Release of V1.0 |
| 01.04.2019 | Release of V1.1 |
| 30.07.2024 | Release of V1.2 |
| 03.09.2024 | Updated Eligibility Criteria Release of V1.3 |

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