

Day Care Procedure

Adjudication Guideline

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1. Abstract

For Members

Daman covers day care procedures for all its health insurance plans, subject to policy terms and conditions.

Surgeries listed by Daman as day care procedure are minor surgeries or investigations. Day care admission can be extended to inpatient stay if the patient presents with a need for prolonged medical care or any medical emergency within the stay.

For Medical Professionals

Daman covers day care procedures for all its health insurance plans, subject to policy terms and conditions.

Day care procedure includes several relatively minor procedures. While considering day surgery, the treating doctor must document the fitness of the patient for day surgery. Daman does not restrict any procedure based on the type of anesthesia. Day care procedures can be performed under general anesthesia, regional anesthesia or under local anesthesia. Appropriate anesthetic drug selection is vital for day surgery to be performed efficiently.

Any procedure can be performed on day care basis when decided by the treating doctor and medically justified.

Daman covers IP stay or IP extensions of the day stay for any day care procedures when medically necessary.

2. Scope

The scope of this adjudication rule is to enlist the procedures that can be performed on Day care basis. Moreover, this adjudication rule explains the circumstances where day care cases can proceed to inpatient stay. Daman considers this as an advisory document. It does not restrict the treating doctor if inpatient admission is medically justified. Day care procedure includes several relatively minor procedures. Surgeries listed by Daman as day care procedure are minor surgeries or investigations.

Daman segregates Day care procedure based on the following criteria:

- Minimal physiological trespass not associated with excessive blood loss or fluid shifts
- Very low risk of serious post-operative complications (e.g., bleeding or airway obstruction) duration of procedure up to 1 hour or 2 hours maximum post-operative pain controllable with oral analgesics after discharge the patient reasonably ambulant at the time of discharge.

This information is for internal use only Daman takes the reference of 3M for identifying day care procedures. Procedures classified as 'Ambulatory' by 3M has been taken by Daman to the day-care procedures list. To avoid surgery related complications, Daman identifies only limited number of procedures as day care procedure from 'Ambulatory/IP' category of 3M.

3. Adjudication Policy

3.1 Eligibility / Coverage Criteria

Eligibility / Coverage Criteria:

Daman covers day care procedures for all health insurance plan administered by Daman (Subject to policy terms and conditions).

While considering day surgery, the treating doctor must document the fitness of the patient for day surgery. Daman does not restrict any procedure based on the type of anesthesia. Day care procedures can be performed under General anesthesia, regional anesthesia or under Local anesthesia. Appropriate anesthetic drug selection is vital for day surgery to be performed efficiently.

Any procedure can be performed on day care basis when decided by the treating doctor and medically justified.

Daman covers IP stay or IP extensions of the day stay for any day care procedures when medically necessary.

Day care admission can be extended to inpatient stay if the patient presents any one of the following conditions listed in “**column A**” in combination with anyone of the conditions listed in “**column B**”.

Column A	Column B
<p>Pulse rate < 50/min or > 140/min. Blood pressure Systolic < 90 or > 200 mmHg Diastolic <60 or >120 mmHg. Acute hearing loss. Acute / (progressive) Paralysis or other acute neurological Symptoms. Life-threatening infection or persistent or intermittent Fever (> 38.0 ° C core temperature). Acute / Sub-acute bleeding and / or intervention requiring Haemoglobin drop. Severe electrolyte imbalance or blood gas derailment or current derailment urinary metabolites. Acute or progressive sensory, motor, functional, circulatory or respiratory or dermatologic disturbances as well as pain conditions, which obstruct or endanger the patient seriously. Disease, treatment with cancer chemotherapy or other potentially life-threatening Substances requires. Continuous or intermittent intravenous medication and / or infusion (does not includes feeding through gastric tube). Multiple monitoring of vital signs, including through the monitor, at least every 4 hours.</p>	<p>Continuous or intermittent intravenous medication and / or infusion (does not includes feeding through gastric tube). Surgery, intervention or special diagnostic measure within the next 24 hours, the special Resources and facilities of a hospital requires. Multiple monitoring of vital signs, including through the monitor, at least every 4 hours. Treatment in an intensive care Intermittent, several times daily, or continuous, assisted or controlled ventilation. Sudden disturbance of consciousness or acute confusional state. Pulse rate < 50/min or > 140/min. Blood pressure Systolic< 90 or > 200 mmHg Diastolic <60 or >120 mmHg. Acute Loss of vision or sense of balance. Acute hearing loss. Acute / (progressive) Paralysis or other acute neurological Symptoms. Life-threatening infection or persistent or intermittent Fever (> 38.0 ° C). Acute / Sub-acute bleeding and / or intervention requiring Haemoglobin drop. Severe electrolyte imbalance or blood gas derailment or current derailment urinary metabolites. Acute or progressive sensory, motor, functional, circulatory or respiratory or dermatologic disturbances as well as pain conditions, which obstruct or endanger the patient seriously Strong suspicion or evidence of myocardial Ischemia Disease, treatment with cancer chemotherapy or other potentially life-threatening substances</p>

3.2 Requirements for Coverage

- ICD CPT etc. codes to be maximum specify. ICD codes reported to its to be medically necessary for the respective procedure.

3.3 Non-Coverage

- If any procedure that is available within the day care procedures list is performed on inpatient basis, the coverage will depend on the medical justification.
- Also, Medical justification is required to perform an outpatient procedure (procedure that can be done in the outpatient or emergency room like injection, Incision and drainage of abscess, suturing etc.) on day care basis.
- For Visitors plan, any elective procedure or procedure for a/c exacerbation of chronic or preexisting condition is not covered.

3.4 Payment and Coding Rules

Please apply Regulator payment rules and regulations and relevant coding manuals for ICD, CPT.

Day care procedures

Day care procedure CPT codes are categorized into two

1. Ambulatory only procedures:
 - These procedures can be performed as ambulatory or outpatient. These can either be incidental or simple procedures. Medical necessity is to be established whenever performed as in patient.
2. Ambulatory / Inpatient procedures
 - These procedures can be performed as ambulatory or Inpatient.
 - The criteria for performing these procedures as inpatient are as follows:
 - More than minimal physiological trespass.
 - Associated with excessive blood loss or fluid shifts.
 - High risk of serious post-operative complications (e.g.: bleeding or airway obstruction).
 - Duration of procedure more than 2 hours.
 - Post-operative pain not controllable with oral analgesics after discharge
 - The patient will not be ambulant at the time of discharge.

If medically necessary, Daman covers extension of stay for a procedure performed as day surgery. Medical necessity is to be established by additional ICD diagnosis

4. Denial Codes

Code	Code Description
MNEC-004	Service is not clinically indicated based on good clinical practice, without additional supporting diagnoses/activities
PRCE-002	Payment is included in the allowance for another service

5. Appendices

Adjudication Examples

Example 1

Question: A 35-year-old male patient, holding UAE plan was diagnosed with Ureteral stone as principal diagnosis and hydronephrosis as other diagnosis. The doctor one day procedure requested for pre-authorization of hospitalization for the “Cystourethroscopy, with insertion of indwelling ureteral stent” (CPT 52332).

Answer: The procedure of “Cystourethroscopy, with insertion of indwelling ureteral stent” to be approved ad a daycare. There is no medical justification for inpatient stay.

Example 2

Question: A 55-year-old female, holding regional plan was diagnosed with senile Cataract unspecified as principal diagnosis and uncontrolled Type 2 Diabetes Mellitus. The provider claimed one day hospitalization for the procedure „Extracapsular cataract removal with insertion of intraocular lens prosthesis”

Answer: The claims to pay the procedure of “Extracapsular cataract removal with insertion of intraocular lens prosthesis” as inpatient is medically justified.

5.1 References

- <https://www.doh.gov.ae/-/media/Feature/Muashir/Jawda/Jawda-Quarterly-Submission-Guidelines/Guidelines-for-One-Day-Surgery-Centers.ashx>
- https://cpoc.org.uk/sites/cpoc/files/documents/2020-09/National%20Day%20Surgery%20Delivery%20Pack_Sept2020_final.pdf
- https://stem.doh.gov.ae/HealthFacilityGuidelines/ViewPDF/ViewIndexPDF/DOH_part_b_day_surgery_procedure
- https://www.doh.gov.ae/-/media/Feature/Muashir/Jawda/Jawda2025/One-Day-Surgery-Jawda-Guidance_V2_2025.ashx
- <https://www.doh.gov.ae/-/media/65FD44519FCF48B3BE2104244B358F6D.ashx>
- <https://dha.gov.ae/uploads/092023/List%20of%20Permitted%20Procedures%20by%20Day%20Surgical%20Centre%20Classification2023951570.pdf>

5.2 Revision History

Date	Change(s)
01/07/2013	V2.0: New template
31/12/2024	V3.0 General Content Reviewed. References updated

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