

Influenza Prevention, Diagnosis, and Management Adjudication Guideline

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Medical

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**Related Adjudication
Guidelines:**

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1. Abstract

1.1 For Members

Influenza (flu) is an acute respiratory infection caused by influenza virus that is usually self-limiting. It can cause mild to severe illness; symptoms are more severe than those of common cold.

Daman covers medically justified treatment of influenza for all health insurance plans administered by Daman subjected to policy terms and conditions. Daman coverage of the flu vaccine (for prevention of influenza) will be limited to those plans with the specific benefit, subject to policy terms and conditions.

1.2 For Medical Professionals

Daman covers medically justified treatment of flu (including Antipyretics/analgesics and antiviral drugs) for all health insurance plans administered by Daman subject to policy terms and conditions. Daman coverage of the influenza vaccine will be limited to those plans with the specific benefit, subject to policy terms and conditions.

Daman follows the Regulator standards on prevention and control of Influenza.

2. Scope

- This guideline covers the outpatient prevention, diagnosis, and management of influenza (Flu) excluding cases identified as epidemic or pandemic.

3. Adjudication Policy

3.1 Eligibility / Coverage Criteria

- Daman covers the following Vaccination, treatment, and diagnostic investigations for influenza infection such as but not limited to (for more details, kindly refer to the Regulator standard on prevention and control of influenza):
 - Influenza Inactivated Trivalent (IIV3) Vaccine.
 - Rapid Influenza Diagnostic Test.
 - Anti-viral drugs.
- Antiviral drug "Oseltamivir" always requires a pre-authorization.

3.2 Requirements for Coverage

- ICD, CPT, and Drug codes must be coded to the highest level of specificity subject to policy terms and conditions.

3.3 Non-Coverage

- Daman does not cover the below scenarios:
 - For Visitors plan, not covered.
 - Flu chemoprophylaxis is not covered for those health insurance plans that do not have the preventive benefit.
 - Flu vaccine is not covered for those health insurance plans that do not have the preventive vaccination benefit.

3.4 Payment and Coding Rules

- Please apply the Regulator payment rules and regulations and relevant coding manuals for ICD, CPT.

4. Denial Codes

Code	Code Description
MNEC-003	Service is not clinically indicated based on good clinical practice
MNEC-004	Service is not clinically indicated based on good clinical practice, without additional supporting diagnoses/activities
NCOV-003	Service(s) is (are) not covered
CLAI-012	Submission not compliant with contractual agreement between provider and payer

5. Appendices

5.1 References

- <https://www.doh.gov.ae/-/media/3C944D8832D948F8BFF40284C5A602E8.ashx>
- https://www.uptodate.com/contents/seasonal-influenza-in-nonpregnant-adults-treatment?search=influenza&source=search_result&selectedTitle=2%7E150&us_age_type=default&display_rank=2
- https://www.uptodate.com/contents/seasonal-influenza-in-children-clinical-features-and-diagnosis?search=influenza&source=search_result&selectedTitle=3%7E150&us_age_type=default&display_rank=3
- <https://iris.who.int/bitstream/handle/10665/352453/9789240040816-eng.pdf>

5.2 Revision History

Date	Change(s)
01/03/2011	V1.0 <ul style="list-style-type: none"> • Release
01/07/2013	V2.0 <ul style="list-style-type: none"> • New template
15/07/2014	V4.0 <ul style="list-style-type: none"> • Restored original effective date
28/06/2018	V5.0 <ul style="list-style-type: none"> • Updated based on Regulator standards.
31/12/2024	V6.0 <ul style="list-style-type: none"> • New template • References updated

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